

## GENOTOXIC BIOMONITORING AND EXPOSURE TO PESTICIDES IN WOMEN LABORERS AT MANEADERO VALLEY IN BAJA CALIFORNIA, MEXICO

TATIANA MONTAÑO-SOTO<sup>1</sup>, EVARISTA ARELLANO-GARCÍA<sup>2</sup>, LOURDES CAMARENA OJINAGA<sup>3</sup>,  
CHRISTINE VONGLASCOE<sup>4</sup> & BALAM RUIZ-RUIZ<sup>5</sup>

<sup>1</sup>Graduate Student in Ecosystem Management, Autonomous University of Baja California, Baja California, Mexico

<sup>2,3,5</sup>Autonomous University of Baja California, Baja California, Mexico

<sup>4</sup>El Colegio de la Frontera Norte, Baja California, Mexico

### ABSTRACT

**Objective:** Assess the effects to genetic material (DNA) caused by occupational exposure to pesticides in women from Maneadero Valley, an important agroindustrial region in Baja California, Mexico, using genotoxic bio monitoring. **Methodology:** 48 women signed their informed consent. Twenty-six placed in the exposed group and 22 in the control group. Socio-demographic information was collected by questionnaire and DNA damage was assessed using cytokinesis block micronuclei assay. The nuclear index and three biomarkers of damage were identified: micronuclei, nuclear buds and chromatin bridges. Cluster analysis was used to explore the relationship between variables and the Mann-Whitney U Test enabled the analysis of differences between the groups. **Results:** The Mann-Whitney U Test revealed that women exposed to agricultural chemicals have significantly greater frequencies of micronuclei ( $p < 0.05$ ) compared to the control group. Nuclear index and chromatin bridges differences were not statistically significant. The cluster analysis showed a strong relationship between micronuclei and exposure. **Discussion:** These results suggest that genotoxicity is associated with occupational exposure to agrochemicals. Environmental exposure can be considered a modifying variable in the risk of genotoxicity from exposure to pesticides.

**KEYWORDS:** Genetic Damage, Genotoxicity, Micronuclei, Occupational Exposure, Pesticide, Women Farm Workers